



PRESS RELEASE

Ice Ice Baby - An icy fairy tale comes to life

(St. Moritz, 06 October 2021) This winter in the Engadine, you'll be on slippery ice - literally. But don't worry, as Friedrich Nietzsche once commented, "Smooth ice, a paradise, for those who know how to dance well".

Following the sensational success of Frozen, the Disney remake of the well-known fairy tale, "The Ice Queen" by the Danish poet Hans Christian Andersen, icy landscapes have become a place of longing for an entire generation, all of which can be experienced live in the Engadine.

The [Carlton Hotel St. Moritz](#) watches over the village of St. Moritz and the famous frozen lake, reminiscent of the ice palace in the fairytale is an ideal starting point to explore the glittering winter world. With the new, holistic [Moving Mountains](#) programme, the winter wonderland is a magical domain to rediscover nature and to experience fun and joy. At the heart of Moving Mountains are the PLAY activities. Guests young and old experience the high valley up close through tradition- and culture-related curated adventures and can physically push their limits with the Empowering Expeditions.

Through the ice channel

As the venue of two Olympic Winter Games, the Olympic Bob Run Celerina has many stories to tell. The Carlton's Outdoor Butler provides interesting insights into the history of the world's oldest natural ice bobsleigh run and the traditions that have created legends in St Moritz.

Ice-cold art

Local artist Reto Grond introduces Carlton guests to the art of ice carving. Here you can give free rein to your creativity and create your very own personal piece of ice sculpture.

Unabashedly

The power of the white season is stored in the eternal ice. Accompanied by the Outdoor Butler, unabashed guests, together with an experienced guide, can head into the ice caves of the Morteratsch glacier. From March onwards, the gateway to another world opens.



Icy immunity-boosting

Ice bathing in Lake Stazer offers an adrenalin kick with health benefits. In addition to energizing participants, the unique experience strengthens the immune system in the long term.

At icy heights

'Snow-kiting' brings an adventurous challenge to the fun sport of kite surfing. Whether you're trying this for the first time, or building on kiting skills, on the Engadine lakes, a team of experienced instructors will help you to pursue your personal goal. Snow and wind safety ensure ideal conditions throughout the season.

Carlton Hotel St Moritz offers a wide selection of complimentary activities to their guests as part of the weekly [PLAY](#) programme. The only thing that is not icy this winter are the new hosts: warmly welcoming guests for the first time are the new directors Stephanie & Michael Lehnort from 12 December 2021 to 27 March 2022.

Carlton Hotel – The Pearl of St. Moritz

Do you dream of snow-capped mountain peaks and the frozen surface of Lake St. Moritz at your feet? As the smallest and most distinctive of the big five-star hotels in St. Moritz, the Carlton Hotel is an ideal base for exploring the natural beauty of the Upper Engadine. After a day on the slopes, the hotel's richly decorated rooms and suites (including the 386 m2 Carlton Penthouse Suite, the largest suite in St. Moritz) are the perfect tranquil haven – as is the expansive Carlton Spa. Warm, authentic hospitality can be found at every turn. Whether you're relaxing on the panoramic terrace or cosying up in front of one of our crackling fires, you can expect your every need to be met. For refined cuisine in a cosy ambience, head to one of our three in-house restaurants: the light-flooded rooms of the Bel Etage, the Restaurant Romanoff or the Restaurant Da Vittorio (2 Michelin stars and 18 Gault-Millau points). The hotel also offers our new Moving Mountains programme, which help guests enjoy a holistic holiday experience with the aim of strengthening vitality, rediscovering nature and celebrating life. Further information at <https://carlton-stmoritz.ch/en>

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